

## COVID19 Quarantine and Isolation Guidelines for Residents

*The following information is for guidance only and should not replace any public health instructions provided by the Government of Western Australia, Department of Health.*

The WA Government has provided advice on quarantine and isolation for residents living in an apartment complex such as Ceresia.

See [Covid 19 FAQ Strata Properties](https://www2.health.wa.gov.au/~media/Corp/Documents/Health-for/Infectious-disease/COVID19/COVID-19-Residential-strata-facilities-FAQ.pdf) *Note: the link is to a PDF download*  
<https://www2.health.wa.gov.au/~media/Corp/Documents/Health-for/Infectious-disease/COVID19/COVID-19-Residential-strata-facilities-FAQ.pdf>



In summary;

Residents who are in quarantine and isolation must remain inside their apartment unless

- there is an emergency (e.g., it is necessary to leave for safety reasons or to seek urgent medical treatment)
- they are permitted to or are directed by a relevant official (such as to attend a COVID-19 clinic for testing).

Residents should minimise their contact with surfaces as they travel through the strata complex if leaving their apartment for a permitted reason and should use stairs (rather than lifts) where possible (hold the handrail). Do not enter a lift while someone else is in there.

All residents who are in quarantine and isolation must remain inside their apartment. This means they cannot:

- collect mail;
- go to the bin room;
- go to their store room;
- go downstairs to receive a delivery;
- use any common areas or facilities

Residents are advised to not go, or minimise time, out on their balcony.

### HOW THE STRATA COMPANY CAN HELP

David and Phil are your first point of contact. They can be contacted by email ([BuildingManager@ceressa.com.au](mailto:BuildingManager@ceressa.com.au)) or by telephone (0488 220 999)

They can:

- receive deliveries, collect mail, and deliver it outside your door;
- get things from your store room and deliver it outside your door (they will need to make arrangements to get a key);
- dispose of rubbish and recycling. This must be securely wrapped and placed in a leak-proof container and left outside your door – they will return the container;
- Contaminated waste (e.g., medical waste) should be stored inside your apartment and disposed of appropriately after your isolation has ended.

David and Phil are only on site Monday to Friday, 9am to 1pm, so you should arrange with a friend or neighbour to assist outside of these hours.

**You must ensure that there is no contact** between the persons who are isolating and anyone delivering or collecting items outside your apartment. Wait for them to leave the lobby before opening the door.

You must always wear a mask when opening your door to collect a delivery or when going outside your apartment for a permitted reason.

More information on quarantine and isolation requirements is available  
by calling 13 COVID (13 26843)  
or online at

[HealthyWA, Western Australian Department of Health](https://www.healthywa.wa.gov.au/)  
<https://www.healthywa.wa.gov.au/>



[Quarantine and isolation \(healthywa.wa.gov.au\)](https://www.healthywa.wa.gov.au/Articles/A_E/Coronavirus/Quarantine-and-isolation)  
[https://www.healthywa.wa.gov.au/Articles/A\\_E/Coronavirus/Quarantine-and-isolation](https://www.healthywa.wa.gov.au/Articles/A_E/Coronavirus/Quarantine-and-isolation)



[Testing and Isolation Guide.](https://www.wa.gov.au/government/document-collections/covid-19-coronavirus-testing-and-isolation-guide)  
<https://www.wa.gov.au/government/document-collections/covid-19-coronavirus-testing-and-isolation-guide>



Residents who may be at particular risk from the effects of Covid should refer to the information at  
[WA COVID Care at Home \(healthywa.wa.gov.au\)](https://www.healthywa.wa.gov.au/Articles/A_E/Coronavirus/Managing-COVID19-at-home-and-in-the-community/WA-COVID-Care-at-Home)  
[https://www.healthywa.wa.gov.au/Articles/A\\_E/Coronavirus/Managing-COVID19-at-home-and-in-the-community/WA-COVID-Care-at-Home](https://www.healthywa.wa.gov.au/Articles/A_E/Coronavirus/Managing-COVID19-at-home-and-in-the-community/WA-COVID-Care-at-Home)

